



SPA PROGRAMS

Escape the stress of modern living.
Nurture a healthy balance in a place inspired by nature.

One days program

ABSOLUTE SPA RITUAL FOR HER

Slow down and restore balance to your body, mind and spirit

2h30ms

- Hammam Detox
- Advanced Performance Facial
- Stress-a-way Deep Rhythmic Pressure Massage
- Relaxing Evasion With a cup of herbal tea

178€

TOTAL TIME OUT FOR HIM

Slow down and restore balance to your body, mind and spirit

2h30ms

- Sauna detox
- Skin IQ Men's Facial
- Muscle Melt Deep Rhythmic Pressure Massage
- Relaxing Evasion with a cup of herbal tea

178€

CHOUPANA FOR MOTHER-TO-BE

A carefully designed program for future mothers to aid relaxation.
It leaves you feeling cherished.

2h30ms

- Mother-to-be Massage Ritual
- Taster Facial
- Hand Ritual
- Sole Delight Ritual
- Relaxing Evasion with a cup of herbal tea

212,50€

2 days programs:

CHOUPANA SPA MEDLEY

A mix of face and body rituals to help calm, soothe, revitalise, and re-energise whilst promoting relaxation of the mind.

1st day

2h30ms

- Consultation
- Hydro-pool jets
- Hammam detox
- Foot Delight Ritual
- Exotic Lime and Ginger Salt Scrub
- Chakra Balancing Massage Ritual
- Relaxing Evasion with a cup of herbal tea

2nd day

3h30ms

- Hydro-pool jets
- Hammam Detox
- Exotic Frangipani Body Wrap
- Muscle Melt Deep Rhythmic Pressure Massage
- Advance Visible Brilliance Facial
- Relaxing Evasion with a cup of herbal tea

446,25€

CHROUPANA SPA FOR TWO

Get away from it all and have a tranquil break for two.
Tone, balance and strengthen in an inspiring environment.

1st day

3hrs

- Consultation
- Hydro-pool jets
- Fresh Mint Body Scrub for two
- Reflexology Massage for two
- Stress-a-way Deep Rhythmic Full Body Massage for two
- Relaxing Evasion with a cup of herbal tea

2nd day

2h30ms

- Hammam Detox
- IQ Facial for him and Visible Brilliance for her
- Stress-a-way Deep Rhythmic Pressure Massage for Two
- Relaxing Evasion with a cup of herbal tea

833€

3 days program

CHOUPANA FIT

Restore your energy, contour your body.
Rejuvenate and unwind mind and spirit.

1st day

2h30ms

- Consultation
- Hydro-pool jets
- Body Revival Brushing
- Cellutox Aroma Ocean Wrap
- Spirit Reviver Deep Rhythmic Massage
- Relaxing Evasion with a cup of herbal tea

2nd day

2h30ms

- Hydro-pool jets
- Hammam Detox
- Spirit Reviver Deep Rhythmic Massage
- Moisturizing Facial Dew
- Relaxing Evasion with a cup of herbal tea

3rd day

3hrs

- Hydro-pool jets
- Lime and Ginger Salt Glow
- Cellutox Aroma Ocean Wrap
- Spirit Reviver Deep Rhythmic massage
- Relaxing Evasion with a cup of herbal tea

603,5€

CHOUPANA RETREAT

Focus on you with this detoxifying and soothing spa package.
You will feel totally relaxed and revitalised.

1st day

3hrs

- Welcoming Foot Ritual and consultation
- Moroccan Rasul Detox
- Full Body Aroma
- Cleansing Facial
- Relaxing Evasion with a cup of herbal tea

2nd day

3hrs

- Hydro-pool jets
- Hammam Detox
- Aroma Ocean Wrap
- Stress-a-way Deep Pressure Massage
- Relaxing Evasion with a cup of herbal tea

3rd day

3hrs

- Hydro-pool jets
- Exotic Coconut Rub and Ritual Wrap
- Stress-a-way Deep Pressure Full Body Massage
- Exotic Moisture Dew Facial
- Relaxing Evasion with a cup of herbal tea

739,5€